



GIRLS AGE CHART

ARIZONA GIRLS YOUTH LACROSSE

BIRTH MONTH	BIRTH YEAR												
	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008
	6U	7U	8U	9U	10U	11U	12U	13U	14U	15U	16U	17U	18U
JANUARY	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
FEBRUARY	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
MARCH	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
APRIL	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
MAY	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
JUNE	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
JULY	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
AUGUST	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026
SEPTEMBER	2039	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027
OCTOBER	2039	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027
NOVEMBER	2039	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027
DECEMBER	2039	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027

AGE GROUPING QUICK REFERENCE TABLE (12 MONTHS)

For play occurring between September 01, 2025 - August 31, 2026

AGE BRACKETS	RULES USED
18U-15U	See NFHS Rules
14U-13U	See 14U Rules
12U-11U	See 12U Rules
10U-9U	See 10U Rules
8U-7U	See 8U Rules
6U and Below	See 6U Rules

Standard high school graduation year is listed under age as a guide. Birthdate is the determining factor for placement.